Eat Smart, Move More SC seeks a Diabetes Prevention Program Coordinator

The Centers for Disease Control and Prevention (CDC) estimates that 1 of every 3 US adults has prediabetes. The National Diabetes Prevention Program (DPP) encourages collaboration among stakeholders to prevent or delay the onset of type 2 diabetes among people with prediabetes. The DPP is an evidence-based lifestyle change program for preventing type 2 diabetes. It can help participants cut their risk of developing type 2 diabetes in half. DPP teaches participants strategies for incorporating physical activity into daily life and eating healthy. Lifestyle coaches work with 18-20 participants in a group setting to teach a lifestyle change program that includes 16 core sessions (usually 1 per week) and 15 post-core sessions. The group process encourages participants to share strategies for dealing with challenging situations.

Eat Smart, Move More South Carolina (ESMMSC) is a 501(c)(3) non-profit organization dedicated to positively impacting the health of all South Carolinians by promoting healthy eating and active living where we live, learn, work, play and pray. ESMMSC’s areas of focus are community action, advocacy and youth engagement. We are in need of an off-site, contractor to perform the duties of the DPP Coordinator in local communities throughout the state.

The DPP Coordinator will implement the Diabetes Prevention Program (DPP) in year one in the following counties: Florence, Lee, Richland, Fairfield, Orangeburg, Bamberg, and Spartanburg; and in years two through four in the remaining counties: Marion, Dillon, Kershaw, Allendale, Calhoun, Cherokee, and Union. The individual will assess and identify potential organizations and employers who have the capacity to implement the CDC-led Diabetes Prevention Program (DPP) and work with them to become recognized programs. The individual will recruit Life Coaches for the program sites and will become trained as DPP leaders

Contract Deliverables include:

- Become trained as a DPP leader and facilitate sessions as needed.
- Administer the CDC assessment/capacity tool to gauge capacity and sustainability of organizations wanting to establish a DPP and provide technical assistance for becoming a recognized DPP.
- Recruit two lifestyle coaches in each county from local community organizations within the ESMMSC network to be trained as a DPP Lifestyle Coach.
- Utilize the American Medical Association (AMA)/CDC Provider Tool Kit to conduct outreach and education with health care providers to increase referral to DPP sites.
- Collaborate with ESMMSC and DHEC Regional staff and pending DPPs to develop and implement a marketing and sustainability plan to increase awareness and enrollment into active DPP sites.
- Assist in grant tracking and reporting, including monthly progress reports.
- Travel to the targeted counties and the ESMMSC office as needed.
- Participate in evaluation activities as needed.
Preferred Qualifications:
- Understanding of diabetes, the disease process, and the importance of physical activity and nutrition focused lifestyle change for prevention
- Knowledge about the connection between obesity and diabetes and the risk factors of physical inactivity and poor nutrition.
- Experience working with diverse community partners, specifically those from low-income, rural, and minority communities. Experience with behavioral intervention program implementation and administration
- Strong communication skills with multiple audiences using a variety of formats, including media outlets and community presentations.
- Thorough, accurate, and reliable with respect to achieving the program goals.
- Well-versed in most technologies, including Microsoft Office.

Education
- An undergraduate degree is required and minimum two years’ work experience in program administration or implementation
- An associate’s degree and minimum of five years’ work experience in program administration or implementation

Contract Position
Contractor will provide services through December 31, 2015 with the option to continue the work, contingent on continued grant funding. The project work is based on 20 hours per week and may require some nights and weekends. The contractor must have reliable transportation; position will require some travel to targeted counties. Annual compensation for this contract is up to $20,000.

To Apply
Submit a cover letter and resume to Claire Tomberlin, Business Manager, claire@EatSmartMoveMoreSC.org, by 5:00 pm on Friday, April 10th.